



WHEN:  
1ST OCTOBER TO  
3RD DECEMBER  
(10 WEEKS)

# Growing Together Little Ones and Parents Group

## WHEN:

TUESDAYS DURING TERM 4 SCHOOL  
TERM

## TIME:

11:15AM - 12:05PM (50 MINUTES)

## WHO:

BABIES AGED BETWEEN 6 MONTHS  
TO 1 YEAR OLD

## WHAT:

25 MINUTES OF PHYSIOTHERAPY  
DEVELOPMENT AND 25 MINUTES OF  
PARENTING INFO/SUPPORT.

## WHAT YOU'LL GET:

HANDS-ON: SMALL, PRACTICAL GROUP  
SESSIONS TO SUPPORT YOUR BABY'S  
DEVELOPMENT AND REACH MILESTONES.

TAKE HOME ACTIVITIES: WEEKLY ACTIVITIES  
SUGGESTIONS TO DO WITH YOUR BABY AT  
HOME.

EXPERT GUIDANCE: TIPS AND ADVICE FROM  
A QUALIFIED PHYSIOTHERAPIST.

CONNECTION AND DISCUSSIONS: MEET OTHER  
PARENTS AND SHARE EXPERIENCES WITH  
OUR SOCIAL WORK STUDENT.

FREE- NO COST  
INVOLVED

## Why Join?

- Support your baby's physical and social growth
- Learn key developmental milestones
- Advice from a paediatric physiotherapist and a social work student



240 Stewart Road,  
Clagiraba QLD, 4211

Phone: 0412 876 198